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E-Newsletter
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From the Desk of Director

Dear Readers,

Greetings! from SIHFW, Rajasthan.



Today, health systems throughout the world are being challenged by inequities in quality and quantity of services further punctuated by poor financing and meager human resource. The evidence based decision and actions are critical to improve health system performance.

The theme of this year's International Nurses' Day (May 12) is 'Closing the Gap: From Evidence to Action'. The theme encourages nurses to identify, use and interpret evidence, and whether the anticipated outcomes are sufficiently important to change practice and use precious resources that may be needed elsewhere.

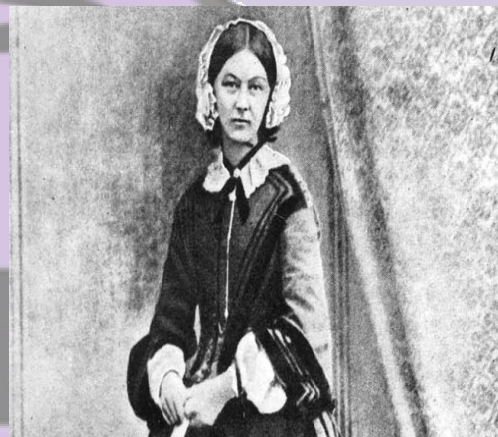
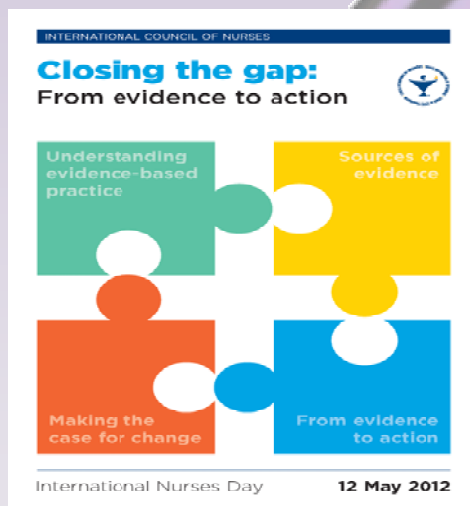
This issue of e-newsletter emphasizes our need to understand the role nurses play in the evidence to action continuum. It is important that we feel informed enough to ask good questions, develop our skills and ensure that we work closely with colleagues to ensure the research investment is used to best effect. Together, we should all be committed to developing an environment conducive to evidence informed decision making and practice.

Director

Health Days in May '12

World Asthma Day 5th May
WHO Save lives: clean your hands global annual campaign 5 May 2012
International Nurse's Day 12th May
World Anti Tobacco Day 31st May

Nursing Profession in India



International Nurses Day (IND) is celebrated around the world every May 12, the anniversary of Florence Nightingale's birth.

The IND theme for 2012 is – **Closing the Gap: from Evidence to Action**. IND is celebrated in most countries by nursing and health organisations as mark of tribute to the nurse legend that set benchmarks in profession of nursing.

Nursing is a major component of the health care delivery system and nurses make up the largest employment group within the system. WHO has also emphasized that **“Nursing and**

Midwifery services are vital for attaining health including maternal health as they form the backbone of maternal health care”.

Nursing services are necessary for every patient seeking care of various types including primary, secondary, tertiary and restorative.

It is estimated that only about 40% of the nearly 1.4 million registered nurses are currently active in the country because of low recruitment, migration, attrition and drop-outs due to poor working conditions (GOI, NCMH, 2005).

As far as nursing is a considered, great imbalance in the manpower situation can be noticed. In comparison to the developed countries, the nurse population ratio in India is far from satisfactory. In the Western countries,

there are, on an average, 2 to 3 nurses to a doctor, while in India the nurse patient ratio however varies from 1:5 to 1:60 or 1:100 in different institutions. It strongly indicates that how our nursing care services are not developed adequately.

Major development in field of Nursing in 20th Century-

- In 1908, the trained nurses association of India was formed (TNAI)
- The TNAI established three sub associations or leagues within TNAI; Health Visitors' League (1922), Midwives and Auxiliary Nurse-Midwives Association (1925) and Student Nurses Association (1929).
- In 1918, training schools were started for health visitors and dais, at Delhi and Karachi.

	Rajasthan	India
Total registered ANMS	22239	576810
Total registered GNMs	37667	1128116
Total registered LHV's	850	52490

Source: INC (March 2011)

- In 1926, Madras State formed the first registration council to provide basic standards in education and training. The first four year basic Bachelor Degree program was established in 1946 at the college of nursing in Delhi and Vellore.

- With the assistance from the Rockefeller Foundations, seven health centres were set up between 1931 - 1939 in the cities of Delhi, Madras, Bangalore, Lucknow, Trivandrum, Pune and Calcutta.
- In 1947, after the independence, the community development program and the expansion of hospital service created a large demand for nurses, auxiliary nurse midwives, health visitors, midwives, nursing tutors and nursing administrators.
- **The Indian Nursing Council was constituted in 1949.**
- In 1956, Miss Adrenwala was appointed as the Nursing Advisor to Government of India.
- The first master's degree course, a two-year postgraduate program began in 1960 at the College of Nursing, Delhi. In 1963, the School of Nursing in Trivandrum, instituted the first two years post certificate Bachelor Degree program.

WHO has projected that India will need another 2.4 million nurses by 2012 to achieve the government's aim of a 1 nurse per 500 population.

- Total ANMs in Government = 12150 (CBHI-2010)
- Nurse Population ratio (per 1000)

For Rajasthan = 0.94 (DLHS-3)

For India = 1.37 (DLHS-3)

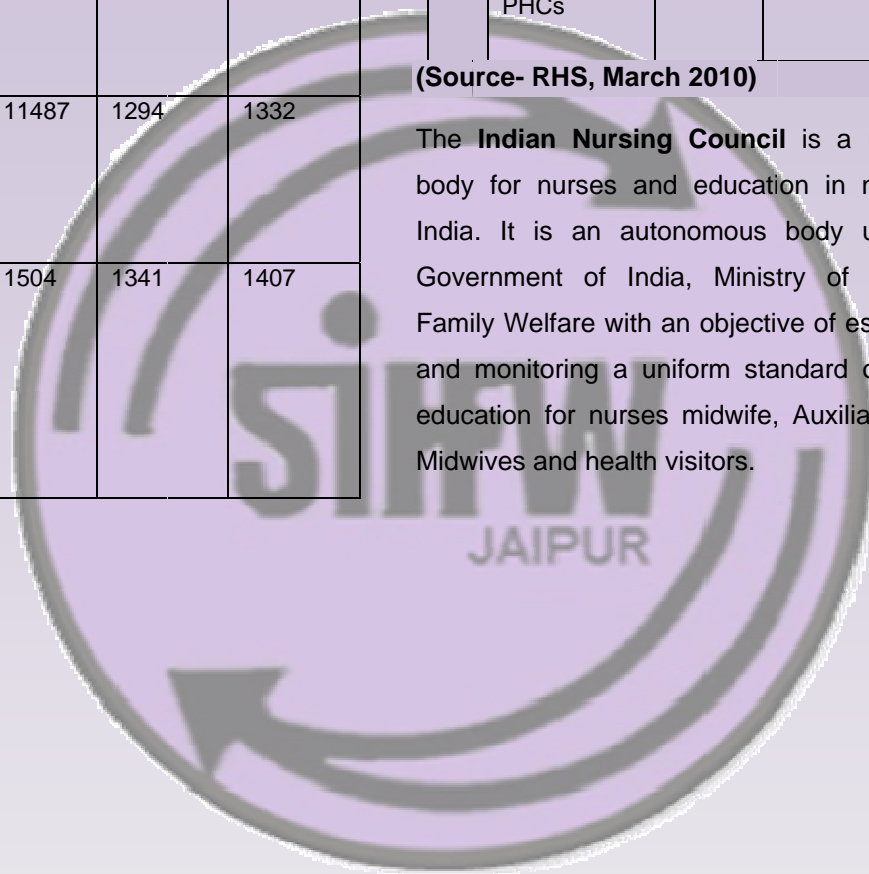
Health Manpower (GoR)

S.N	Category of Nurses (Rajasthan)	Required	Sanctioned	In position
1.	Health Worker (female)/ANM at SCs	12991	14182	16086
2.	Health Worker (male) at SCs	11487	1294	1332
3.	Health Assistant (female) /LHV at PHCs	1504	1341	1407

4.	Health Assistant (male) at PHCs	1504	252	135
5.	Nursing staff at CHCs and PHCs	4080	5628	11621

(Source- RHS, March 2010)

The **Indian Nursing Council** is a regulatory body for nurses and education in nursing in India. It is an autonomous body under the Government of India, Ministry of Health & Family Welfare with an objective of establishing and monitoring a uniform standard of nursing education for nurses midwife, Auxiliary Nurse-Midwives and health visitors.



SIHFW in Action

(1.) Trainings/Workshops

S. No.	Date	Title	Cadre (Total Participants)	Sponsoring Agency
1.	27 th Feb to 6 th May	Professional Development Course (PDC), Third Batch	Middle level managers-MO/MO/IC (15)	NIHFW/ MOHFW
2.	11 th to 12 th April	National level annual awards for field functionaries on National Safe Motherhood Day	ANM/ASHA/LHV	MOHFW in partnership with the US-Aid International Development, the MCH-STAR Initiative and the White Ribbon Alliance
3.	9 th to 11 th April	Developing CCE Guidelines	Senior teachers, Vice Principal, Senior Lecturer (20)	UNICEF
4.	9 th to 11 th April	ECE workshop	Senior teachers, Vice Principal, Senior Lecturer (10)	UNICEF
5.	13 th April	Training on Management Information System	BMCH, DPHNM, Computer Operators, Consultant ASHA (18)	NIPI
6.	8 th April	Workshop on 'Task force on Child Abuse'	CPO- UNICEF, Retd. IQ prisons, Consultant, CPO-UNICEF (8)	UNICEF
7.	17 th to 18 th April	Appreciative Inquiry Review & Second Phase	Freelance consultants, SRO, Retd. Joint Directors (23)	UNICEF
8.	24 th to 25 th April	SNCU Plus intervention on gender mainstreaming	DPHNM, BCMO, MO I/c, DEO, LHV, (25)	NIPI
9.	24 th April to 5 th May	Rapid Assessment, Capacity Building initiative for RI	PHN, Divisional RI coordinators, SIHFW participants (21)	UNICEF
10.	26 th April	Orientation of Researchers for IMR study	RO, SRO and freelance researchers ()	SIHFW
11.	30 th April	Review Meeting of Yashoda Intervention	DAC, Yashoda supervisors (50)	NIPI

(2.) Monitoring / Field Visits / Studies:

PDC visits:



PDC Field visit to Panchkula-1-7th April: Dr Mamta Chauhan, Ms. Richa Chhabra, and Mr. Ezaz with 15 participants of PDC III Batch. PDC participants were oriented towards Haryana Health systems and innovations



Second field visit of The PDC team was facilitated by NIHFWS at New Delhi during 23rd to 27th April. Facilitators from SIHFWS were Ms. Rajni Singh and Mr. Ravi Garg. At Delhi, they visited NGOs- NAZ & MAMTA, Hospitals- NIHFWS Clinic, Jai Prakash Narayan Trauma Center, AIIMS & Saint Stephen Hospital.



Appreciative Enquiry:

Five members of SIHFWS are involved in this UNICEF supported endeavor.

- Visits to Sujangarh-Churu were made for conducting the Appreciative Enquiry by Ms. Nirmala Peter on 2nd to 3rd April and 12th to 13th April.
- AI visit to CHC Kaithun was made by Ms Nishanka Chauhan on 13th April.
- Dr. Mamta Chauhan visited CHC Behror for AI workshop on 11th April.
- CHC Bassi was visited by Ms. Poonam during April 3-4 for AI activity.
- Ms. Richa Chhabra visited CHC Nokha twice for AI activity on April 12-13 and 25-27, 2012.

IMR Study:

- A team led by SIHFWS representatives visited Jalore district for IMR study. The team comprise of Dr. Vishal Singh, Ms. Nishanka Chauhan, Mr Hemant Chaudhary, Dr. Bhumika Talwar, Ms. Divya, Mr. Vikas and freelance investigators. The visit was made for data collection during April 27-May 3, 2012.

Rapid Assessment of RI:

- Ms. Nirmala Peter and Ms Indu Chaudhary visited April 27 to May 5' 2012 under the training of RI Rapid Assessment, organized by UNICEF.

3. Presentations:

- Dr. Mamta Chauhan delivered a lecture on gender and health at Media workshop held on April 14, 2012 organized by Centre of Advocacy and Research.
- Dr. Richa Chaturvedy, on April 24' 2012, made a presentation on "Health Care Delivery System in India and Flow of Information from Periphery to National Level" at In-Service Training Course on Family of International Classification (ICD-10&ICF) for Non-Medical Personnel, organized at CBHI Office, Jaipur.

Planned Training/Workshop/Meeting/ Visits

- RI training
- KGBV Teacher's Training by UNICEF during May 7-14, 2012 and 16-23 (two batches),
- Integrated training for freshly recruited Medical Officers
- Third Professional development course (shall be accomplished by May 6, 2012).
- Hands on Training on Tally Software, May 7-9, 21-23, 2012 (two batches) for Department of Watershed Development and Soil Conservation, Jaipur.

Capacity Building of Staff

- CME on AYUSH by Dr Bhumika Talwar, Sex Ratio by Dr. Rajni Singh,
- Ms. Indu, and Ms Nirmala Peter, participated at training on Rapid Assessment for RI, April 24-26, 2012 at SIHFW
- Ms, Nishanka, Ms Poonam, Ms.Nirmala Peter, Ms.Richa Chabra and Dr Mamta Chauhan participated in Appreciative Inquiry Review at SIHFW, April 17-18, 2012

Other Highlights

Celebrations-

- Birthdays' celebrated in April- Dr Richa Chaturvedy on April 10th , Ms. Reena Mrigani on April 24th , Ms. Archana Saxena on April 28th and Dr. Shweta Sharma on 30th April 2012.



Director SIHFW completes four years in office: Party at Country Inn & Suites, April 23' 2012



Accomplishments:

- **Congratulations** to Dr. Rajni Singh, Research Officer for completion of her PhD on "Socio-Cultural Implications On Female Foeticide- An Anthropological Study"-from Department of Anthropology, Rajasthan University
- Four Final year students of IIHMR completed their dissertations at SIHFW, as a part of their internship. **Congratulations** to Mr. Vivek, Mr. Tejesh, Ms. Bhawna and Ms. Shikha for the achievement.

The Guest reactions

- Excellent food and excellent overall sessions-Ms Snehlata, SNCU Plus training
- Liked the 'Arrangements' most!-Dr. Jyoti, SNCU plus training

Health in news

Global

Protect your world: get vaccinated



23 April 2012 -- Over 180 countries across the world are participating in the first ever World Immunization Week. The WHO-led initiative, which takes place from 21-28 April 2012, aims to raise awareness and encourage people everywhere to protect themselves and their families against vaccine-preventable diseases. It is also a time to focus on the fact that in this rapidly globalizing world, disease outbreaks can

affect communities everywhere.

Source: www.who.int/mediacentre/news

Dementia cases set to triple by 2050

11 April 2012 -- Worldwide, nearly 35.6 million people live with dementia which affects people in all countries. More than half (58%) live in low- and middle-income countries. A new report *Dementia: a public health priority*, published by WHO, recommends improving early diagnosis; raising public awareness about the disease and reducing stigma; and providing better care and more support to caregivers.

Funding needed to stimulate health research: developing countries

5th April 2012/ Geneva- New sources of funding are needed to stimulate health research specifically for diseases that affect people in developing countries, according to a report published by the Consultative Expert Working Group on Research and Development: Financing and Coordination (CEWG). The report has called for increased global commitment to funding and coordinating health research to meet the specific needs of developing countries.

The CEWG report, "Research and development to meet health needs in development countries: strengthening global financing and coordination" includes the recommendations: Research outputs that address health needs of developing countries should be in the public domain or made available through open licensing, Patent pools should be used to increase sharing of research results, Pooled funding mechanisms should coordinate financial resources and some of the funds should be used for capacity building in developing countries. All countries should commit to spend at least 0.01% of gross domestic product on research to develop health technologies for use in developing countries.

Source: www.who.int/mediacentre/news

India

Over 5cr Indian teens anaemic

Acute anemia is crippling India's youngsters, especially those aged between 15 and 19 years, out of the 12.2 crore adolescents in India, approximately 5.7 crore are girls out of which 3.2 crore are anaemic. There are 6.5 crore boys in this age out of which approximately 2 crore are anaemic.. Unicef's State of the Adolescents report 2012, says nearly 50% of Indian adolescent girls (15-19 years) are underweight, with a body mass index of less than 18.5.

Alarmed by the trend, the Union health ministry has decided to roll out a weekly iron and folic acid supplementation (WIFS) programme for adolescents. It will be implemented in both rural and urban areas and will cover school going adolescent girls and boys from Standard VI to XII enrolled in government/government-aided/ municipal schools.

"In India, the highest prevalence of anaemia is reported among the 12-13-year olds, which also coincides with the average age of menarche. With increase in age, the prevalence of anemia among girls remains stagnant, while among boys, the prevalence rate reduces," said Union Health Minister Sri Gulab Nabi Azad.

TOI, 25th April 2012

Rajasthan

Hamari Beti Express

The health department has decided to take the help of NGOs for running Hamari Beti Express (a van) which has been launched on National Safe Motherhood Day on April 11 to make people aware about the declining sex ratio in the state. Four such vans were launched by the health department on April 11. The officials are distributing pamphlets and showing documentaries to people in rural and urban areas.

The department has plans to celebrate the birth of girl child wherever the van goes in the state so that people would also feel that girls are equally important like boys. The official said that they want such celebrations to become common in the state and the NGOs should also help them in developing a trend of celebrations during girl child's birth.

The child sex ratio in Rajasthan has declined by 26 points from 909 to 883 between 2001 and 2011. Moreover, one of the activities in which the department seeks support of NGOs is to make people aware that girls also need education.

The department through this endeavour, would also encourage people to send their girl child to schools with an aim to reduce drop-out of girls from the schools. But, along with making people aware about girl child, they will inform the people that any kind of involvement in sex determination and female feticide is a crime. Nukkar nataks and puppet shows will also be used to send a message "Girl child is not a burden".

Times of India, 12th April 2012

Official to visit Indonesia to study family planning

In a bid to follow Indonesia's successful family planning program, the officials of State medical, health and family welfare department will soon go on a study tour to the country.

Hon'ble Health minister, Mr. AA Khan and a few district collectors will also be a part of the contingent."During the tour, discussion will be held with the government officials on family planning, HIV/AIDS, besides political, social and cultural issues that also play a part in determining the health of a nation and its citizen" Khan elaborated.

Times of India, 26th April 2012

We solicit your feedback:

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